SHARP

Self-Harm Awareness & Resource Project

SHARP 4 Parents

Helping you help your child – Parent/Carer information and support workshop

SHARP 4 Parents is a group for parents and carers to share experiences, gather information from speakers and build confidence in a friendly atmosphere.

SHARP 4 Parents is a 3 programme rolling workshop running bi-monthly as a drop-in.

There is no need to book, just come along or speak to one of the SHARP team for further information.

SHARP | CAMHS
Child & Adolescent Mental Health Services

NHS
Nottingham City
Clinical Commissioning Group

Nottingham City Council

Understanding Self-Harm
Location:
The Mary Potter Centre, Gregory Boulevard, Nottingham NG7 5HY

Date: 12th February 2015

Safety & Self-Harm
Location:
The Mary Potter Centre, Gregory Boulevard, Nottingham NG7 5HY

Date: 9th April 2015

Relationships & Self-Harm
Location:
The Mary Potter Centre, Gregory Boulevard, Nottingham NG7 5HY

Date: 11 June 2015

What is SHARP?

SHARP (Self Harm Awareness & Resource Project) is a new innovation as part of the service offered by Tier 2 CAMHS for Nottingham City.

CAMHS recognises that training and consulting professionals is an important investment in tackling adolescent self-harm and suicidality and that effective inter-agency working is essential to achieve early intervention and suicide prevention.

The SHARP team will raise awareness, build confidence and skills, and provide support to front-line service providers and professionals to intervene and manage young people who present with self harm and suicidal behaviours.

SHARP Practitioners will also provide children and young people with opportunities and strategies for hope and recovery from the effects of self-harm and minimise the risk of future.

Meet the team

Sharon O Love (Manager of SHARP)
Emma Draycott (CAMHS SHARP Practitioner)
Rebecca Reeve (CAMHS SHARP Practitioner)
Rachael Sisson (CAMHS SHARP Practitioner)

We are based at Glenbrook Management Centre and offer support citywide.
For more information on SHARP please contact the team on;
T: 0115 8764000 E: Camhs.Sharp@nottinghamcity.gov.uk