

# NEED SUPPORT?

We're still HERE for YOU

**CAMHS** 

Child & Adolescent Mental Health Services

**To get help you can  
make a self-referral**

**Tel: 0115 876 4000**

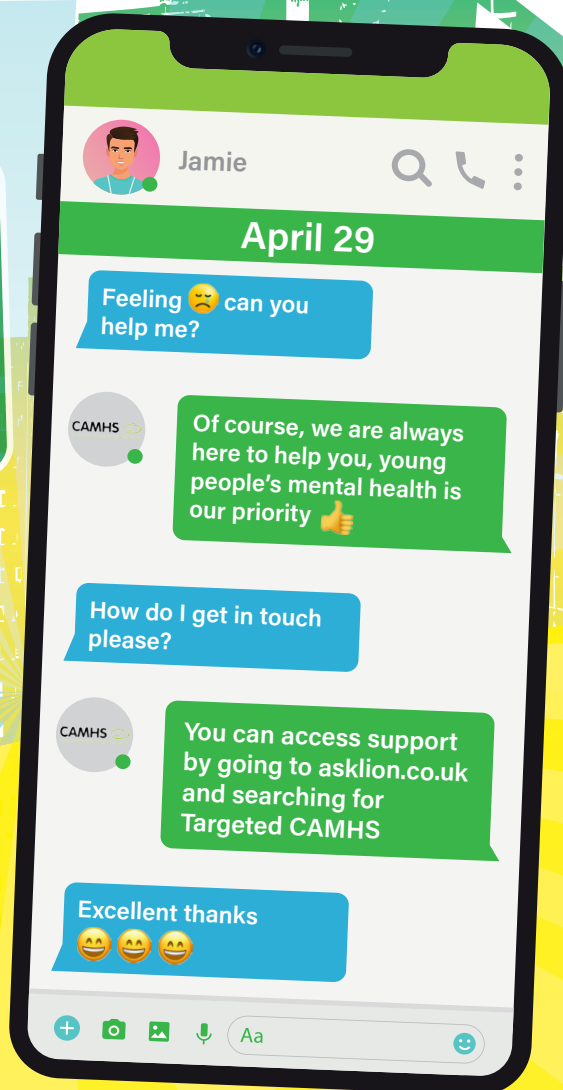
**Text: 07860 002131**

If a young person is  
having a mental health  
crisis please contact  
CAMHS Crisis Team –  
**0115961300**

**STAY CONNECTED**



#camhs\_nottinghamcity



**CAMHS** 

Child & Adolescent Mental Health Services

**NHS**  
Greater Nottingham  
Clinical Commissioning Partnership



**Nottingham  
City Council**