

Dear Parent/ Carer,

I am writing to inform you that due to new guidance from the Department for Education, Relationships and Sex Education (RSE) and Health Education will become statutory in secondary schools as of September 2020. This means that as a school we are required to teach these subjects and the content outlined in the statutory guidance.

NUSA already has a comprehensive Personal, Social, Health and Economic (PSHE) Education programme in place through its Personal Development curriculum, which we will be looking to build upon. This subject provides young people with the knowledge and skills that they need to live safe, healthy lives and reach their full potential.

As part of RSE, by the end of secondary school pupils will have covered content on:

- Different families
- Respectful relationships, including friendships
- Online media
- Being safe
- Intimate and sexual relationships, including sexual health

As part of Health Education, pupils will have covered content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

As part of the statutory changes, NUSA is reviewing its RSE policy and curriculum overview for Personal Development. We would like to invite you to give your feedback on these documents which can be found here <https://nusa.org.uk/page.php?d=pshe&p=curriculum>.

We would also like to hear your views on our Personal Development provision at NUSA, which will help us to shape our policy and curriculum moving forwards. If you would like to be part of the parent consultation, please complete the online survey https://forms.office.com/Pages/ResponsePage.aspx?id=LuLr9FO180SIVj4NhJCOuEc_tNYGyC5ChRzNSFMloHhUM1M0OV0oMTdSNzFEUIVNV01HNze5UkwyWi4u by **Wednesday 1st July**.

I thank you in advance for taking the time to share your views and help contribute to the Personal Development provision for your child. If you have any questions or concerns regarding the statutory changes to RSE and Health Education, there are useful resources on the PSHE section of the school website, or you can contact the Personal Development Coordinator on esayer@nusa.org.uk.

Yours sincerely,

Miss E. Sayer
Personal Development Coordinator