



NOTTINGHAM UNIVERSITY
SAMWORTH ACADEMY

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Friday 10th June 2016

Dear Parents/Carers,

I am writing to inform you that in the coming weeks, year 7 will be covering, within the Personal Development Curriculum, sex and relationships. The first lesson will commence Wednesday 15th June.

It is essential that students are involved and learn about this topic as it is part of a Personal Development branch that will broaden their knowledge about sexual health and relationships. Currently, pupils are timetabled to have one lesson of Personal Development a week, where we have already covered topics such as Mental Health, Economic Wellbeing and Religious Education.

In this summer half term, the upcoming lessons will focus on:

- Puberty
- Positive relationships
- Sex and contraception
- Sexual health

I am aware and understand that these are sensitive issues for students to cover, but we have a responsibility to provide your child with this knowledge so they have the skills to keep themselves safe. If you would not like your student to be a part of these lessons, or if you would like more information, please either phone the school and request to speak to myself, or alternatively email me on g.malhi@nusa.org.uk.

Yours faithfully,

Miss Gurjeevan Malhi
Coordinator of Personal Development