

Enrichment

For three consecutive years, NUSA has been the top participating school in the city, entering more competitions than any other school! This means NUSA pupils have the best opportunity to develop their skills and tactics in competitive situations. As well as further enhancing their capacity for teamwork, **respect** and sportsmanship.

NUSA offers a variety of extracurricular clubs for example, football, basketball, netball, trampolining, and many others. This allows students of all ages and abilities to engage in activities whether they want to play competitively or for those who want to play more for fun or to get fit. We have certainly got a club that fits the bill.

NUSA has a comprehensive programme of enrichment opportunities, enabling students to extend their learning beyond the classroom. There are many creative opportunities for our students including choir, instrumental and singing lessons, theatre club, art club and an annual whole school production.

Character

Work Hard, Be Kind

The NUSA community, inclusive of staff, students and parents / carers will model inspirational influence of the framework of **British Values**. Only by modelling the expectations and behaviours, will good **Spiritual, Moral, Social** and **Cultural** virtues and character building be, 'caught'. **British Values** are promoted through our Assembly Programme and **Cultural Diversity** is celebrated throughout the academic year.

Our school leadership, **democratically** voted, lead events and support staff or subjects. Student voice is regularly collected and acted upon. Oracy strategies are used regularly in every subject, providing opportunities to learn how to argue and defend points of view.

NUSA provides educational experiences in and out of the classroom that equip students with the language, knowledge, understanding, skills, and opportunities to express **individual liberty** that enable character development.

PSHE

Personal, Social, Health & Economic Education

PSHE at NUSA is a specialist **SMSC** and RSE curriculum delivered weekly to all students from Year 7 to 11. PSHE is delivered to NUSA Sixth Form students twice weekly via the Sixth Form tutor programme.

The curriculum is a dynamic one, responding to **cultural** and **social** changes that affect our daily routines and lives. The themes are continually developed in terms of relevance, complexity, currency and depth depending on the age related requirements of our young people and in response to student voice.

Specialist speakers, external agencies and resource libraries are used to provide an excellent learning experience for all our students. Life Skills delivers the latest PSHE Association Framework guidance and makes reference back to the DfE's intent on SMSC wrap around provision for all students

RSE

Relationships and Sex Education

RSE topics at NUSA aim to develop our students understanding around relationships and the benefits of healthy and happy relationships to their mental health and well-being, as well as being able to spot the signs of unhealthy relationships and how to avoid them.

NUSA students are delivered an age appropriate curriculum via PSHE. In KS3 the RSE topics focus on Building Relationships & **Respectful** Relationships, including topics such as Cyberbullying, Positive friendships, FGM and Change & Loss. In KS4 and 5, there is more focus on Intimate Relationships, Relationship Safety and Family Relationships, including topics such as Contraception, Pornography, Celebrating Diversity and Abusive Relationships.

Parents do have the right to withdraw their child from all or some of the RSE lessons. Parents, in the first instance, should contact Miss Calladine to arrange a meeting to discuss the withdrawal of their child from RSE lessons.

CEIAG

Careers Education

Our Careers programme prepares students for life after they leave the school. It has been designed to align with the eight Gatsby Benchmarks which have been recognised by the government as outlining the requirements of an excellent careers programme.

Students have many encounters with employers and learn about the different careers and the various routes into these careers. It helps students to find the careers that suit them and prepare them to follow their desired path. Students learn about the different work sectors and are taught to challenge the various stereotypes and **social** norms and discrimination that exists in the world of work.

The programme supports pupils through each of the transitions they face such as choosing Year 9 options and deciding what to do after Year 11 and after Year 13.

Spiritual

NUSA encourages pupils to be reflective and self aware. Pupils learn how to reflect upon their own beliefs and those of their peers.

Moral

At NUSA we have strong routines embedded. We have a clear set of expected behaviours and our pupils recognise the difference between right and wrong. Appreciating others' moral and ethical viewpoints can also help pupils to develop into more empathetic and caring members of society.

Social

NUSA encourages engagement with others and acceptance of differences between members of society ties in closely with 'British Values'. It includes willingness to participate in community projects and wider social groups, including sports clubs, enrichment and volunteering.

NUSA aims to give students the support they need to become more comfortable socially can help them in all aspects of life, through higher education to employment.

Cultural

NUSA promotes the understanding and appreciation of the rich tapestry of culture that makes up our society. A love of art, music, sports and other cultural pursuits is viewed as conducive to pupils' development as it can help to form ideas for further study.

Democracy

The rule of law

Individual liberty

Mutual respect and tolerance

